

Empty Sky Mind

In my Divinity Meditation are three phases
The last is silence, stillness, the empty sky mind

Thoughts, fluctuations, ideation do occur
but the intent is cessation, restful quietude, the no-thought state

This, too, occurs, more often than one might think
and sometimes quite profoundly

Total absorption in the infinite void
where one is and isn't where there is no time

In the quiet state, the visual component might be there or not
stillness without focus or attending the view

There's something quite touching when there with sight
with a still, grey sky that can take an orange hue depending on the light

It somehow brings in the heart

To Empty Sky Mind
with Love

Fullness on Fullness
Peace upon Peace