

## New Healing, Evolution Enhancing Meditations for Our Time

After forty-one years of doing Transcendental, Buddhist, Mindfulness and other meditations, new and different ones for our time began to come to me. The Love and Forgiveness Meditation was the first and came to me April 29<sup>th</sup>, 2012, the day after my sixty-sixth birthday. True to my word, I offered it and my second book about it for free to any and every one for nine years. The second, Mahavakya (Great Sayings) Meditation, came to me in April of 2019, the third, Divinity Meditation, in September of 2020 and the fourth, Triune Meditation, in September of 2023. The second and third I offered freely until my seventy-fifth birthday. Very few took them to heart and utilized them all that time. I hereby rescind all those offers. I will now gladly teach them to everyone who attends my Our Untold Potential online courses or who is interested enough to pay me for them. The Love and Forgiveness Meditation is available in any of my three books about it.