



Dear Magnificent Spirit...

I've been through more than most.

An attack-aholic father who viciously belittled me. A depressed, shut down mother. Drugs in high school. Cancer with metastases, two operations and a year of the harshest Chemotherapy at eighteen. Psychotic episodes triggered by a massive dose of LSD and marijuana at twenty-three and later.

If it weren't for my sister and meditation, I'd probably be dead.

I began working on myself at seventeen in psychotherapy. Then, I discovered the Beatles' Transcendental Meditation guru, Maharishi Mahesh Yogi. I worked very closely with him for five years. I also sat and worked with four other teachers and delved deeply into much of the world's spiritual heritage.

I am now seventy-five. My fifty-eight-year journey of self-discovery and practice with its ups, downs, breakthroughs and challenges has opened me to new levels of being and so much more.

After forty-one years of learning, practicing and teaching many meditations and healing modalities, new, more timely, powerful ones started coming to me. They include three new meditations and four new evolutionary healing protocols. Besides my own, I also still facilitate Rebirthing and Past Life Regression.

But it wasn't until I more recently read *The Ringing Cedars of Russia* books that I felt I had gained the most important knowledge, wisdom and information of all.

I finally feel ready to offer all I have learned of our magnificent potential.

Living more love, grace and beauty. Containing more fathomless peace. Developing direct cognition, deep discernment and truth knowing.

And, over time, awakening remote communion, communion with the recently deceased and the plant kingdom, prescience and your own special miracles and skills.

I invite you to embark on this new journey with me and learn more of your untold potential. If you only take this initial, foundation building course, what you learn will serve you well for life.

But if you have the desire to learn more or work with and help others and the world, it will lead to a certification program that will allow you to teach these meditations and modalities to others.